

Big Fat Rib

Sport-weight knee-high socks with a stripy rib

by MiaKia ☆

These socks are made toe-up, two-at-a-time, on a magic loop with a sport-weight sock yarn. The rib is striped with double-held fingering sock yarn. Use various leftovers for a contrasting effect.

The instruction for the straight part of the sock is explained in size small. You can use your own basic sock pattern to make a pair of fitted knee-highs, which won't fall down as you are wearing them. Try them on as you go and bear in mind that the socks will grow a little in time. If you can just pull them on, they should be fine.

What you need:

- 1 ball of Zwerger Garn, Opal Regenwald 6-ply in main color (150 g = 462 yds/422 m) (or any sport-weight sock yarn).
- 50 g of fingering (scrap) sock yarn.
- Needle size 3 mm (sock), 2.5 mm (heel), 3.5 mm (main yarn stripes), 4 mm (for the stripes with fingering yarn)

Gauge:

26 sts = 10 cm in stockinette in the round

Size:

European size 35/36

You can make them bigger by casting on more stitches and make the foot a little longer before increasing for the gusset.

Online tutorials:

Magic loop: <http://www.youtube.com/watch?v=IdSp0EZpnk>

Magic cast on: <http://www.knitty.com/ISSUESpring06/FEATmagiccaston.html>

Wrap and turn: <http://knitty.com/ISSUESummer03/FEATbonnetric.html>

Stretchy bind-off: <http://www.knitty.com/ISSUEfall09/FEATjssbo.php>



Abbreviations:

k = knit

p = purl

rnd = round

m1 = make one

sts = stitches

pm = place marker

s = slip

w&t = wrap & turn

rs = right side

ws = wrong side

k2tog = knit 2 stitches together

p2tog = purl 2 stitches together

Cast on for the toe:

- With main yarn and 3 mm cast on 8+8 using Magic cast on (see link).
- Knit one rnd.
- On the next two rnds, increase on each side like this: k1, m1, knit to last st, m1, k1. (12+12 sts)
- Knit one rnd.
- On both sides increase again, k1, m1, knit to last st, m1, k1
- Repeat the last two rnds four more times = 44 sts (22 sts on each side).

Foot:

Knit 13 cm/5.1 inches from tip of toe.

Knit across top of foot stitches and increase for gusset on the sole stitches like this: k1, m1, knit to last st, m1, k1 (as for toe) every other round to 22+44 = 66 sts in total. (If you have cast on for a bigger size, keep increasing until you reach the double number of sole stitches).

Heel:

Change to 2.5 mm and knit the heel and heel flap back and forth.

If knitting two at a time, knit one heel at a time.

- K11, pm, k21, with yarn in back slip the next stitch purlwise, **pm**, bring yarn to front and slip stitch back to left needle, turn. Purl until 1 stitch before marker, w&t. Knit until 2 sts from the last wrapped stitch, w&t. Continue to wrap every 2nd stitch on both rs and ws, until there's 6 sts left unwrapped in the middle (rs), turn (see the link for wrap & turn).
 - (ws) s1, purl across and purl together the wrapped stitches with their appropriate wraps until 1 stitch from marker. Slip stitch and remove marker. Place the slipped stitch *and* its wrap onto the left needle and purl together the three next stitches (2 sts+1 wrap), turn.
 - (rs) s1, knit and k2tog the wraps with their stitches until 1 stitch from marker. Slip stitch and remove marker. Place the slipped stitch *and* its wrap onto the left needle and k2tog the three next stitches (2 sts+1 wrap), turn.
 - Repeat the last two rows until all the side stitches have been knit together with the main stitches = 22 sts.
- If making two-at-a-time, knit the other heel.

Leg:

- Change back to 3 mm needle and on the first round, pick up one stitch between the heel flap and top of foot stitches. K2tog to avoid holes.
- knit 10 cm/4 inches from end of heel flap.
- On the sole stitches, now increase for the calf: k10, m1, pm, k2, pm, m1, k10.
- Knit 2 cm
- k10, m1, slip marker, k4, slip marker, m1, k10
- Continue to increase with two stitches every 2 cm (m1 outside each marker) until you get to the widest part of your calf.
- Knit straight until about 2.5 cm/1 inch before end of calf.
- On the sole stitches decrease 2 sts like this: k10, k2tog, knit until the last 12 sts, k2tog, k10.
- Knit for 2 cm/0.8 inch
- Repeat the decrease rnd.
- Knit for 2 cm/0.8 inch
- On the last rnd before starting the rib increase to the double number of sts by k1, m1 around.

The rib:

Now stripe the rib as you want. This is a good chance to get rid of some of your leftover fingering sock yarn. Hold the yarn double and knit with 4 mm. If you plan to stripe it with the main yarn – as I did – then do those stripes with 3.5 mm.

- k2, p2 for 45 rnds or as much as you like.
- On the last rnd before the rib (of the rib) half the number of sts by k2tog, p2tog around.
- Change to 3.5 mm and k1, p1 for 10 more rnds.
- Stretchy bind off (see link) and weave in ends.

